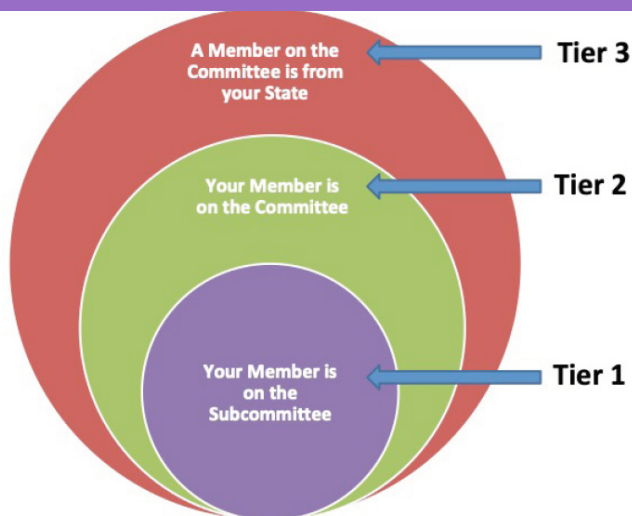


CONNECT WITH YOUR LEGISLATORS

Learn more or www.eatrightpro.org/advocacy



The Academy of Nutrition and Dietetics has developed a tiered approach to advocacy in order to establish and maintain relationships with legislators and their staff. Learn more by accessing the Grassroots Advocacy Workbook available at www.eatrightpro.org/advocacy

Tier 1: Academy member leaders who have legislative member(s) on the subcommittee of jurisdiction for the bill(s) or issue(s) the Academy is focusing on. Advocacy from these members is poised for the greatest impact.

Tier 2: Academy member leaders who have legislative member(s) on the full committee of jurisdiction but not the subcommittee of jurisdiction. While these legislative members have less say in the overall direction of a bill, these are still strategically important.

Tier 3: Academy member leaders who live in the state of a congressional committee and/or subcommittee member. These member leaders speak on behalf of RDNs and NDTRs in their state.

The more we engage with our legislators and the legislative process the more influence we will have on policy that is critical to the health and well-being of our state and country.

The first step in building these advocacy relationships is to find out who your legislative members are. You can find your legislators by clicking the link below and entering your home address. <https://app.leg.wa.gov/DistrictFinder/>



Legislature Home
House of Representatives
Senate
Find Your District
Rules & Agency Rules
Bill Information
Agendas, Schedules, and Calendars
Committees
Coming to the Legislature
Legislative Agencies
Legislative Information Center
Email Updates (GovDelivery)
View All Links

District Finder

Enter your street address (all fields are required) to find your legislative or congressional district.

Street * 416 Sid Snyder Avenue SW

City * Olympia

State WA

Zip * 98504

Find My District

Map District Type: Legislative Congressional

State District 22 Legislators

- Sen. Hunt, Sam W Democrat
- Rep. Dolan, Laurie Democrat
- Rep. Bateman, Jessica Democrat

Congressional District 10 Legislators

- U.S. Senator Maria Cantwell Democrat
- U.S. Senator Patty Murray Democrat
- U.S. Representative Marilyn Strickland Democrat

Selecting your State and Congressional legislators will allow you to access their websites and contact information (social media, address, phone numbers, and email addresses or contact submission form). If you do not see social media listed, a quick google search can help you connect to your legislators on social media.

We encourage you to actively engage with your legislators on social media and through other means of communication both during and outside of the legislative session. Keeping your legislator's contact information handy will make it easier to connect with them as needed to discuss important legislative issues.

And remember, there are many more opportunities to become engaged in important policy and advocacy work on the county and city level, within your place of employment or school, and even within our professional organizations.

You play an important role in policy and advocacy work. We're glad to have you on the team.